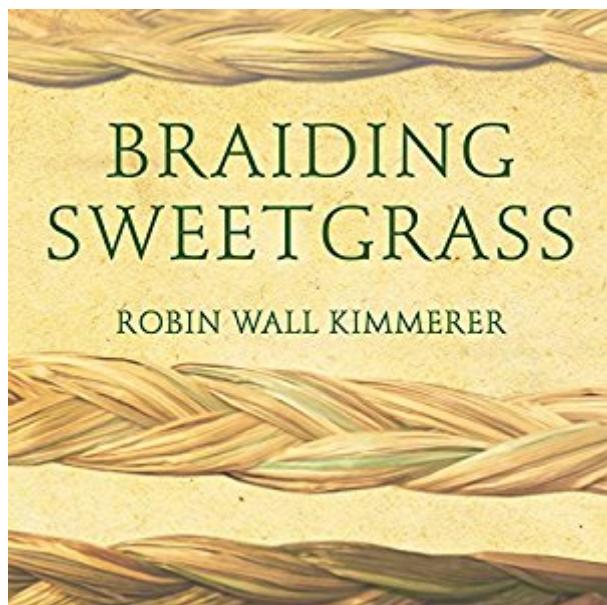


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# Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge And The Teachings Of Plants



## Synopsis

As a botanist and professor of plant ecology, Robin Wall Kimmerer has spent a career learning how to ask questions of nature using the tools of science. As a Potawatomi woman, she learned from elders, family, and history that the Potawatomi, as well as a majority of other cultures indigenous to this land, consider plants and animals to be our oldest teachers. In *Braiding Sweetgrass*, Kimmerer brings these two lenses of knowing together to reveal what it means to see humans as "the younger brothers of creation". As she explores these themes, she circles toward a central argument: The awakening of a wider ecological consciousness requires the acknowledgement and celebration of our reciprocal relationship with the world. Once we begin to listen for the languages of other beings, we can begin to understand the innumerable life-giving gifts the world provides us and learn to offer our thanks, our care, and our own gifts in return.

## Book Information

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## Customer Reviews

"Hold out your hands and let me lay upon them a sheaf of freshly picked sweetgrass, loose and flowing, like newly washed hair... Hold the bundle up to your nose. Find the fragrance of honeyed vanilla over the scent of river water and black earth and you understand its scientific name: Hierochloe odorata, meaning the fragrant, holy grass. In our language it is called wiingaashk, the sweet-smelling hair of Mother Earth. Breathe it in and you start to remember things you didn't know you had forgotten."Robin Wall Kimmerer opens *Braiding Sweetgrass* with this loving invitation to join her circle, to hear her stories and the wisdom she has learned from studying and teaching botany,

from being a mother and from her Anishinabekwe (Potawatomi) people. Her stories weave a course in humanity we badly need right now."I could hand you a braid of sweetgrass, as thick and shining as the plait that hung down my grandmother's back. But it is not mine to give, nor yours to take. Wiingaashk belongs to herself. So I offer, in its place, a braid of stories meant to heal our relationship with this world. This braid... is an intertwining of science, spirit, and storyâ "old stories and new ones that can be medicine for our broken relationship with earth, a pharmacopoeia of healing stories that allow us to imagine a different relationship, in which people and land are good medicine for each other.

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